

Continuing Education Tracker for Certified Peer Support and Wellness Specialists

It is recommended to maintain 6 (six) Continuing Education Units (CEUs) per year and that this credit is approved by the Office of Consumer Affairs. Education not relating to Peer Support will not be recorded. If I receive education (i.e. webinars) without certificates, I will write a paragraph and email or mail or fax this to the Office of Consumer Affairs. While this currently is not a requirement, it may be in the future.

CEUs that the OCA is looking for include the following:

- Mental health and/or substance abuse recovery
- Peer Support
- Education that relates to our expertise of wellness versus illness and diagnosis
- Systems transformation
- Trauma
- Community integration
- Cultural and linguistic competency
- Person/ family centered practice
- Housing, supported employment, and vocational rehabilitation
- Smoke free living
- Advocacy, etc.

For your personal convenience, please use this CEU tracker to maintain hours for your *personal* records.

Date (s)	# of CEUs	Description